

VILLAGE NEIGHBORS

A program sponsored by Island Community House (ICH)

Happy Birthday to our October neighbors:

- Lisa Cannon
- Billie Dayton
- Elodie Fish
- Pauline Matthews
- James Smith
- Ray Wade
- Laura Ellis Willis

Thank you for celebrating our Ribbon Cutting with us!

We had a great turnout of community members that attended our Ribbon Cutting event for our new Village Neighbors office building! Special guests in attendance included Delegate Rob Bloxom, Councilwoman Denise Bowden, supporter David Landsberger, and Matt Parker from the Eastern Shore Area Agency on Aging. The food was delicious, prepared and served by the students from the Chincoteague High School Culinary Arts

program. It was a beautiful, sunny, cool fall day making the event even better! I am deeply grateful for the friends, neighbors and businesses that attended to show their support and enthusiasm for our program.

-Cathy Shappell, Program Coordinator of Village Neighbors



Daylight Savings Time

When you *turn your clocks back one hour* on Sunday, November 5, don't forget to change the batteries in your smoke detectors and other home safety devices. We have lots of Village Neighbor volunteers available to help if you need assistance. Volunteers, please be sure to remind our members during your visits and friendly phone calls that this is a service we can provide.

Daily Senior Check-ins

Through the Chincoteague Police Department (CPD), seniors can sign up for a daily "Check-In". Individuals who are interested in receiving a daily phone call should visit the CPD to complete an application and drop off an extra key. If an individual does not respond to the phone call, the CPD will have access to the home with the spare key. To get additional information please contact CPD at 757-336-3155.

Village Neighbors Facebook page

Check out the Village Neighbors' new Facebook page to find out about events, highlights, and stories about your Village. [Facebook.com/VillageNeighborsChincoteague](https://www.facebook.com/VillageNeighborsChincoteague) Be sure to like us, follow and share!



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A List of Upcoming November Events at ICH and VN

Medicare Questions?

Do you have questions or need assistance with your Medicare needs? Certified counselor Carol Leslie, from the Eastern Shore Area Agency on Aging will be on hand at ICH and available BY APPOINTMENT ONLY the following dates:

Monday, December 4 and Tuesday December 5, noon-4:00pm

Call our office 757-336-1993 to schedule a one-on-one appointment with Carol.

And coming soon in November !

- Getting' Crafty with Cathy- Learn about decoupage with dried flowers to decorate (and take home) pretty glass jars. 11/8
- Veterans Day Pancake Breakfast 11/11
- Coffee Talk 11/14
- A **new** program, Chair Movement—A stretch and movement group activity using a chair to assist in balance. Tuesdays starting 11/14
- Community Luncheon & Gratitude Gathering 11/16
- Matinee Movie on Friday— Enjoy a 1951 American musical, romantic comedy film. Starring the talented Gene Kelly and Leslie Caron. Music and lyrics by George Gershwin. 11/17
- Bingo at CCA 11/27
- Afternoon Tea at the Channel Bass Inn 11/30—Dust off the pearls and fancy hats for an elegant 3-course afternoon with Village Neighbors. Registration Required
- And everyone's favorites: Sit & Stitch, Yoga, Gameday, Chess, and Friday walking groups!

See our full calendar at Village-Neighbors.org/events and IslandCommunityhouse.org/events

Join the Advisory Committee

We are looking for individuals who would be interested in working behind the scenes of Village Neighbors and join the Advisory Committee to help grow our program. This requires individuals willing to share ideas, brainstorm, and collaborate with the group to further our membership and volunteers, marketing, and fundraising. No prior experience needed, just an open mind! Volunteers, members, or family and friends of the program are welcome to join. If interested, please contact the office.

Need to contact the office?

Have a question, need assistance or to register for an event? Call Cathy Shappell at 757-336-1993 or email coordinator@village-neighbors.org