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## Ahh Summer!

**With August here, it is definitely looking *and feeling* like summer and activities on the island are in full swing!**

The same thing could be said about Chincoteague's Village Neighbors! Every week we are adding more members (we now have 9) and volunteers (up to 30). Teens are coming on board to help seniors with tech needs...what a relief!



Chincoteague legend, Greg Shupe, singer, musician, songwriter seen here entertaining members and volunteers at a Village Neighbors Luncheon.

Last week, we had our first Village Neighbors luncheon. It was such a treat to see our senior members and volunteers get together, learn about



Click on the link below to see this interesting infographic from NIH

**DID YOU KNOW?**

each other, talk about current events, and build relationships. Plans are to continue this tradition with periodic get-togethers, social outings and lectures on relevant topics. A few ideas in the works for future activities are Tai-Chi and Easy Yoga which will be added to our fall schedule, an ice cream social at Island Creamery and a lecture on Alzheimer's presented by Eastern Shore Rural Health.

We intend to have a busy and exciting fall, and are grateful that you are going to be a part of it! In the meantime, get out and enjoy all the island has to offer this summer, and look forward to those falling leaves ahead.

And, don't forget to check out our current events listing [HERE](#)

That according to CDC statistics from July 2020, falls among adults aged 65 and older are common, costly and PREVENTABLE?

**To view or download the Tips on Making Home Safe and Accessible click [HERE](#)**



**Members! Book Now for a sidewalk or stairs light leaf cleanup.**

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**THANK YOU  
MEMBERS, VOLUNTEERS, &  
PROSPECTIVE MEMBERS & VOLUNTEERS**

**Help Spread the Word about Village Neighbors  
Members, Volunteers, Donors, Sponsors**

There are many on the island who have never heard about what Village Neighbors can offer. If you know someone who could benefit from our support, sit down with them and be a Village Neighbors cheerleader!

If volunteering isn't their thing or they're not ready to be a member, let them know they can donate to the program or sponsor a prospective or existing member.

**You are our greatest asset! Thank You!**

Aging Well Relies on Community Ties



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Village Neighbors - Island Community House  
6246 Mumford Street  
Chincoteague Island, VA 23336

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